

# Implants for life

Daily care for removable  
prosthesis



Dentsply  
Sirona

## GENERAL INFORMATION

Receiving implant teeth brings back the esthetics and function you once experienced with your natural teeth. Just as well as natural teeth, implants require regular maintenance care to ensure a healthy tissue environment.

Your toothbrush is the key to a confident and bright dental future. It is just as important to clean the removable prosthesis as it is to clean your natural teeth.

When using toothpaste, a small amount of low-abrasive toothpaste used with the brush is recommended.

The implants and prosthesis must be thoroughly cleaned daily if they are to be a long-term success. It is therefore a good idea to follow a routine each time you brush your mouth, to ensure that all surfaces are cleaned.

# BALL PROSTHESIS

## Important areas to clean

- Prosthesis and its attachments including the underneath area
- Ball abutments and areas around the gums



1. Brushing the prosthesis



2. Brushing the ball abutments



3. End-tufted brush  
(interspace brush)



5. Floss

## STEP-BY-STEP GUIDE

### 1. Brushing the prosthesis

Clean the prosthesis and its attachments carefully, including the underneath area, using a denture brush or a regular toothbrush. A power brush can be a good alternative and an easy-to-handle complement. Other important areas to clean are the gum side of the prosthesis, where the attachment fits over the bar or ball abutments.

### 2. Brushing the abutment posts

Clean the gum side surface using a soft regular toothbrush. Additional attention should be paid to the abutment posts and bar in the mouth. NOTE: Never use a denture brush in your mouth.

### 3. End-tufted brush (interspace brush)

A soft end-tufted brush (interspace brush) is suitable for cleaning the areas around the abutment posts.

### 4. Interdental brush (interproximal brush)

The use of an interdental brush helps in cleaning the sides of the abutment posts and the surface of the bar. An interdental brush with plasticcoated threading is recommended. Ask your dentist or dental hygienist for advice on the technique, size and shape for your brush. NOTE: Never use toothpaste in combination with the interdental brush.

### 5. Floss

Clean the abutment posts by passing floss (thick floss) around them. "Shoe-shine" the posts by passing the floss from side to side, polishing from top to bottom and allowing the floss to slip under the gumline. Follow this procedure for each abutment post. If you have a bar, make sure to pass floss around the bar with vertical movements.

# BAR PROSTHESIS

## Important areas to clean

- Prosthesis and its attachments including the underneath area
- Bar and areas around the gums



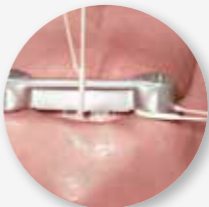
2. Brushing the bar



3. End-tufted brush  
(interspace brush)



4. Interdental brush  
(interproximal brush)



5. Floss



## FOLLOW-UP VISITS

Your new teeth need the same care as natural teeth including regular check-ups by a dental professional.

At those visits, you and your dentist and/or dental hygienist will discuss the necessary hygiene maintenance procedures.

Your dentist and/or dental hygienist will suggest the appropriate interval for future examination and maintenance visits.

Personal notes/next visit:

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Your dentist:

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Address:

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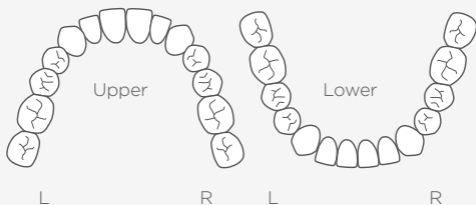
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Phone:

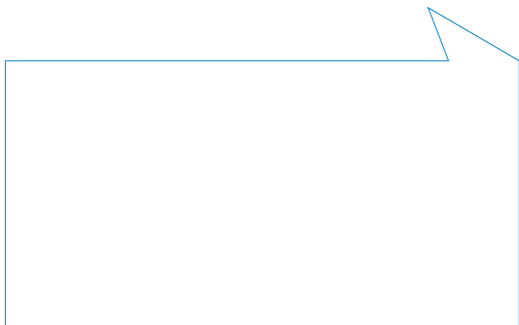
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Placement of your implants

X = implant placement



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Read more about dental implants at  
[www.implantsforlife.com](http://www.implantsforlife.com)

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